

Bondage Sex: Ropes, Ties, Positions, Blowjobs, Restraints and Everything Else You Need to Know About Bondage

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Are you curious about bondage and what it could do for **your** relationship?

You're definitely not alone. A [survey](#) conducted by Durex found that 20 percent of people worldwide use bondage tools like blindfolds and masks during sex!

Bondage has been depicted in art and erotic fiction for **centuries** but 2013's bestseller *50 Shades of Grey* has helped propel it firmly into the mainstream. Many retailers such as Amazon now offer literally THOUSANDS of bondage products and "how-to" books, making bondage equipment as simple to buy as everyday groceries.

So if you're considering turning your wildest fantasies into reality, you may be wondering: "What else do I need to know about bondage?"

This guide will introduce you to **everything you could possibly want to know about bondage**, from the types of restraints on offer to the best positions to try for **maximum pleasure!**

Whether you're looking to tickle and tease your partner to ECSTACY or live out your wildest Christian/Ana fantasies with a spreader bar, this guide will cover it all! You'll discover the INCREDIBLE **mental and physical benefits** of bondage and learn how to **safely** indulge in your deepest sexual fantasies with your partner!

We're confident that bondage will help your relationship reach new levels of trust, intimacy, and passion.

In this guide, we'll be discussing things like:

Click to Jump to Section [\[hide\]](#)

[What is bondage?](#)

[The benefits of bondage](#)

[How to discuss bondage with your partner](#)

[Essential bondage safety tips](#)

[Bondage ties and restraints for beginners](#)

[The top 3 beginner bondage positions](#)

[Intermediate bondage restraints and ties](#)

[The top 3 intermediate bondage sex positions](#)

[Ropes, cuffs and other advanced bondage restraints](#)

[The top 3 advanced bondage positions](#)

[The best bondage positions for blow jobs](#)

[Conclusion](#)

Before we get started, we must hit you all with a legal disclaimer.

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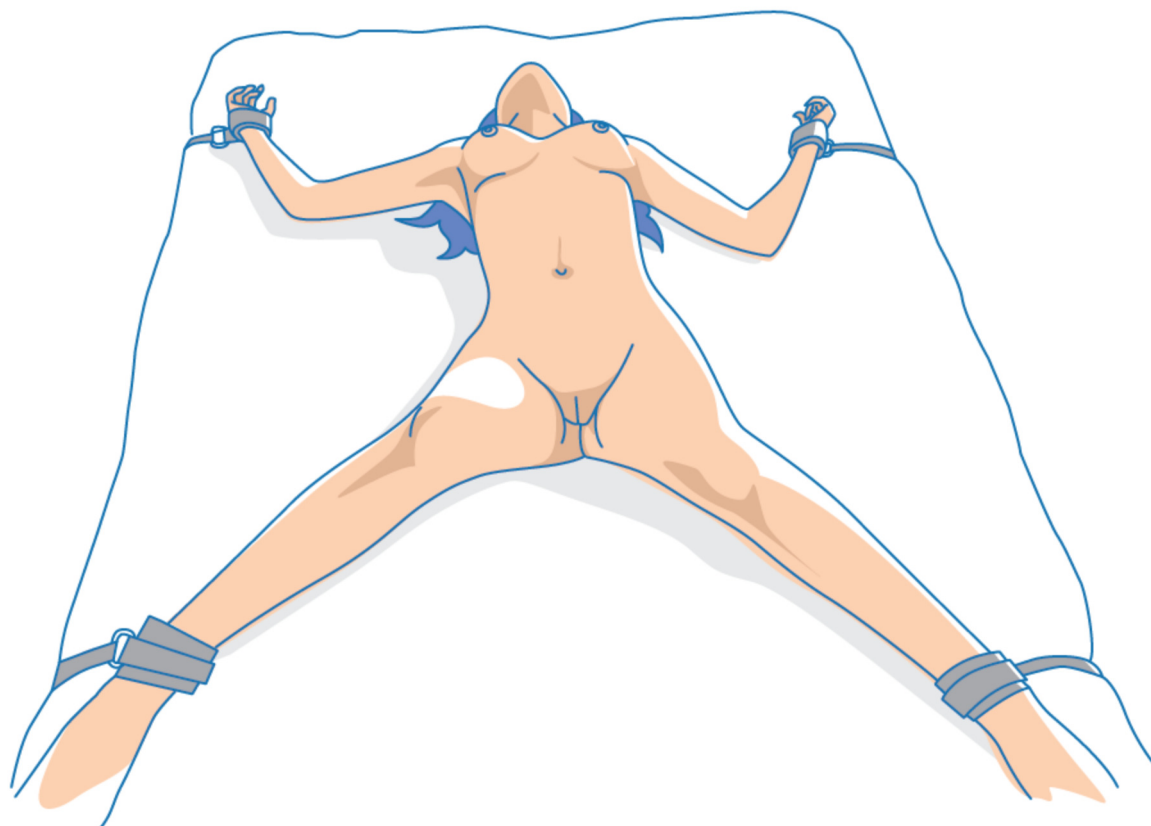
***1 Weird* Massage Technique Makes Any Girl Squirt Easily!**



(TOP SECRET)

Let's begin!

What is bondage?



Bondage is the sexual practice of **consensually** restraining and/or tying up a partner. The most common goal is to enhance erotic stimulation for both the person doing the restraining and the person being restrained.

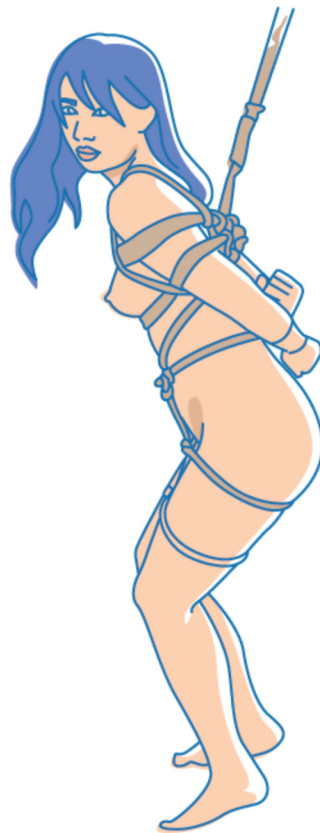
It's also possible to experience bondage **without a partner** by tying yourself up – this is known as self-bondage.

While most bondage sex revolves around one partner being tied up, there is **plenty more** to bondage than rope and gimp masks!

Bondage encompasses a broad range of sexual practices including dirty talk, sensory deprivation role-plays, orgasm control and more! Some people enjoy the aesthetic stimulation that bondage provides; they love the erotic vista of

seeing their partner writhing in restraints!

The benefits of bondage



At one extreme, the [American Psychological Association](#) considers bondage to be a disorder if it causes people anxiety and stress. However, there is evidence that [bondage sex](#) within a loving, trusting relationship actually **enhances overall well-being**.

Bondage offers a number of **fantastic benefits** for both the dominant partner (known as the ‘dom’ or ‘top’) and the submissive partner (known as the ‘sub’ or ‘bottom’). The most **common benefit** of bondage is receiving a rush of adrenaline from the thrill of acting out your innermost fantasies!

Play-struggling against restraints and being blindfolded is **extremely kinky** as it heightens your other senses such as hearing and touch. Just as closing your eyes during a massage makes it feel MUCH better, bondage makes you

more aware of sounds and sensations that you may otherwise miss.

But there's more: A 2014 [study](#) found that bondage actually alters the flow of blood to the brain, creating a state of altered consciousness similar to a "runner's high".



When we are tied up and spanked, our brain releases the 'feel-good' neurotransmitters serotonin and dopamine, giving us a sense of joy, well-being, and self-confidence. During bondage sex, this endorphin rush makes the pain experienced by the submissive partner **MUCH** more pleasurable!

Besides the physical effects, there's also evidence that bondage helps **strengthen relationships** too!

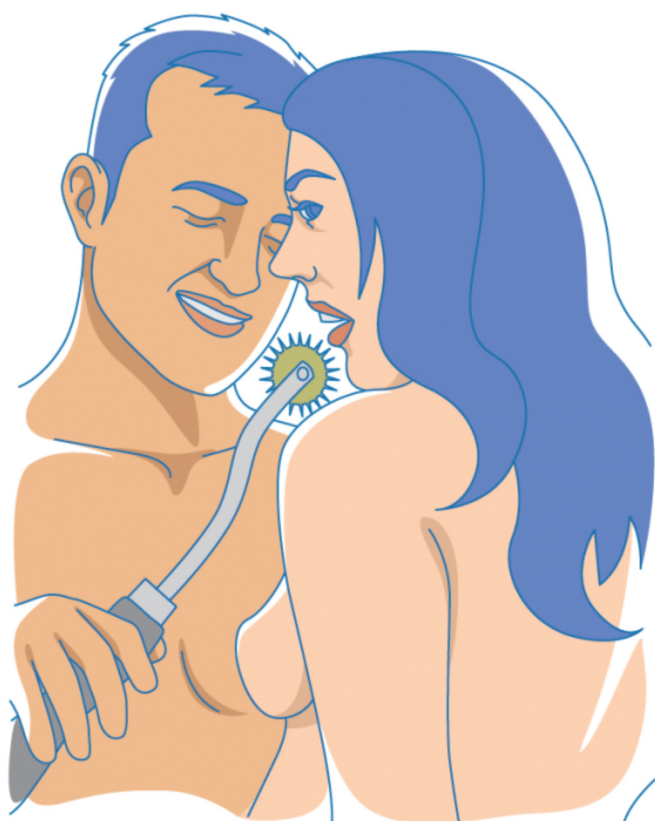
A 2009 [study](#) found that bondage helps couples become closer by improving their communication and lowering their cortisol levels, helping to

reduce their levels of stress and anxiety. Researchers discovered that bondage causes the brain to release vasopressin, a chemical that makes couples feel a stronger sense of bonding with one another.

A 2013 Journal of Sexual Medicine [study](#) found that couples who indulged in bondage sex actually had a **better sense of well-being** than couples who didn't! Why? Bondage requires **very high levels of trust** and good bondage sex can help couples [build trust](#) far more effectively than through vanilla sex.

If you're itching to try bondage sex for yourself, what **better reason** could you ask for?

How to discuss bondage with your partner



As we've seen, bondage is best explored within a **trusting, loving**

relationship. However, many people aren't sure how to broach the subject with their other half.

If you're struggling to break the ice, here are four ways to discuss bondage with your partner.

Make suggestions, not demands

Try getting hold of some erotic fiction or some porn that depicts the type of bondage you want to try. Suggest to your partner that you read or watch it together. This helps plant the seed in your partner's mind that this is something you may want to try and creates an opportunity to discuss it further.

Dispel misconceptions

If your partner freezes up at the mere mention of the word 'bondage', they're likely struggling with misconceptions! Bondage isn't just whips and chains – there are PLENTY of beginner bondage restraints such as silk scarves that aren't scary at all.

Try to dispel some of the most common misconceptions about bondage to show that it's actually a very romantic way of **improving and strengthening a relationship.**

Start simply

Just because *Fifty Shades Darker* featured a spreader bar and you can't wait to try one doesn't mean your partner is going to love the idea too! Bondage isn't just about being hard and intimidating. It can be those things, but only IF both partners want to explore that side of it!

Begin with simple, non-intimidating things at first and see how your partner responds. For example, using a silk necktie as a blindfold or restraint is *far gentler* than bringing out a leather hood and a pair of steel handcuffs!

Volunteer first!

Jumping in and trying something first is one of the BEST ways of initiating bondage with your partner. This simple psychological trick is **often overlooked** by partners (usually men) who want to be dominant.

They ask their partners whether they can tie them up and spank them and then wonder why they are rejected! A smarter approach is to simply say, “I want you to blindfold me tonight, why don’t you try spanking me?” Once you show your partner how **excited and turned on bondage makes you**, they’ll be far less intimidated to try it for themselves!

Hopefully these four approaches will make discussing bondage with your partner far smoother. Try it and see!

Essential bondage safety tips

If the riskiest thing that goes on in your bedroom is Reverse Cowgirl, bondage can certainly seem like a venture into the unknown!

While bondage does offer the chance to achieve deeper, more powerful orgasms, it can also be **extremely** risky! The **real dangers** of bondage include nerve damage, permanent disability, and even death through asphyxiation.

Here are four essential bondage [safety tips](#) that you must ALWAYS follow during bondage sex.

1. Set a safe word AND a safe gesture

It doesn't matter how safe you think bondage is, you **NEED** to set a safe word and a safe gesture before you do anything.

Why? A common misconception about bondage games is that the 'sub' is surrendering control to the 'dom'. In reality **the sub remains in control throughout.**

They are essentially giving themselves to their partner – quite a romantic gesture if ever there was one! By consenting to be dominated, the sub has the right to withdraw that consent at any time.

How? By using a safe word. Bondage only works if there is complete trust; the sub needs to know that saying one word will stop the play **immediately**. However, if you are using anything that prevents your partner from speaking, such as a gag, you must also set a safe action that they can use to tell you enough is enough.

2. Decide upon roles

Many first-timers get hung up on labeling themselves as either dominant or submissive, a dom or a sub, a top or a bottom.

But you don't have to pick one role – you can be a 'switch' and experiment with both! As you gain experience, you may find yourself preferring one role, or you may just be a switch for life – there's certainly nothing wrong with that!

However, before you start any bondage play, you need to decide upon roles with your partner so that the boundaries and expectations are clear.

3. Experiment on yourself first

Bondage should be safe, fun and romantic, so any form of physical trauma or injury is a huge no-no. The ever-present risk when you tie someone up is that you cause physical injury, such as:

- Friction burns
- Cutting off blood circulation
- Nerve damage

Before trying any rope, restraint or material with your partner, always test it on yourself first. This lets you check whether it is abrasive, or has any other hidden surprises that you should know about!

4. Always err on the side of caution

Many bondage positions that involve tying up a person with rope can be EXTREMELY risky and should only be attempted by professionals or people who have been properly trained. Although this isn't a 'how-to' guide, we deliberately omitted high-risk bondage positions and recommend that you always err on the side of caution if you choose to experiment with bondage at your own risk.

Bondage, if done incorrectly, can lead to permanent health issues such as nerve damage or even limb amputations in extreme cases. So if you're unsure about something, DON'T DO IT! It's **always** better to be safe than sorry.

If you're a sub, NEVER hesitate to use your safe word at the slightest hint of discomfort. If you feel a tingle or numbness, you must stop play IMMEDIATELY.

If you're a dom, ALWAYS respect the safe word or gesture IMMEDIATELY.

We're confident that abiding by these four rules should make your bondage sessions safer but still stress that this guide is for educational and information purposes only!

Bondage ties and restraints for beginners

If you're a bondage debutant, the range of restraints on offer can seem bewildering! Let us demystify your options and guide you through your choices!

At a rank beginner level, restraining your partner can be as simple as **holding their hands** to the mattress and pinning them exactly where you want them.

If you want to take things up a notch, you'd be forgiven for thinking that buying some rope should be your first step.

Don't. Rope can be one of the **MOST DANGEROUS** bondage restraints for newbies to try. Besides obvious injuries such as friction burns, improperly tied rope can easily lead to nerve and circulatory damage.

If you're a beginner, **we recommend avoiding rope completely** and opting for one of the safer, and kinkier, alternatives available!

Here's our guide to the **TOP 3** beginner bondage restraints to try!

1. Silk sashes

Silky sash bondage restraints are perfect for beginners who want to explore

the kinkier side of their relationship. Silk makes an ideal material for restraining your partner as it offers plenty of ‘give’ and is less likely to restrict circulation than rope.

Besides sashes, silk items such as silk scarves and neckties work just as well. For beginner bondage play, **always tie the silk in a bow**, as if tying your shoelace. This lets you untie the material **immediately** if your sub uses the safe word.

2. Fabric cuffs



If you want the thrill of cuffing your partner without the risk of hurting them, fabric cuffs are just what you need! Fabric cuffs attach with Velcro so they offer plenty of ‘give’ and won’t tighten no matter how much your partner play-struggles.

Cuffs come in a wide range of styles including wrist-to-thigh cuffs, wrist cuffs, and ankle cuffs, letting you try dozens of erotic positions!

3. Inflatable sex chairs

Did you know that most inflatable sex chairs come with **built-in wrist and**

ankle restraints? These restraint straps are made from lightweight PVC and attach with Velcro, making them gentle on the skin and highly unlikely to cause any pain or discomfort.

If you're a bondage first-timer, an inflatable sex chair will be awesome for you!

The top 3 beginner bondage positions

If you're ready to move into 'official bondage territory', some of the tamest bondage sex moves are things like dirty talk, blindfolds, and light spanking.

However, there are specific positions that will make your play FAR sexier!

Remember:

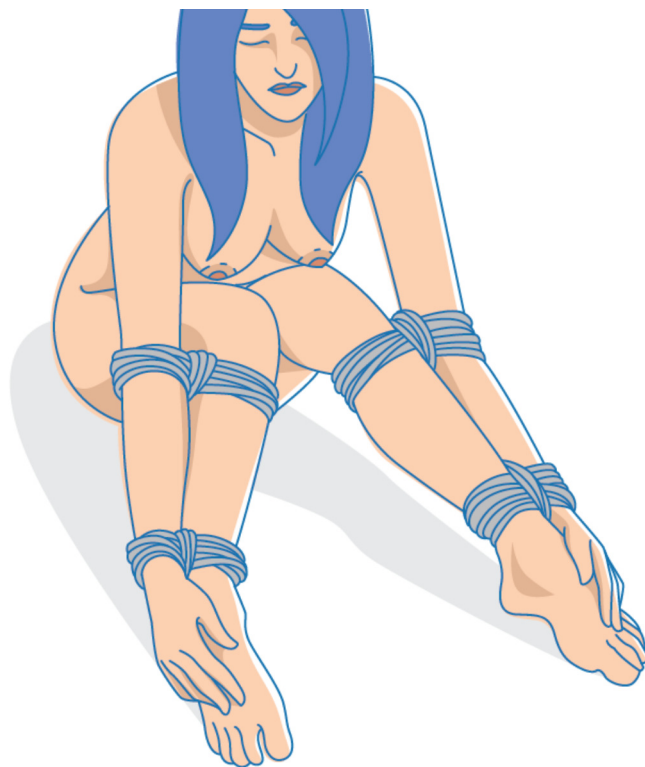
For all of the following bondage positions, the following rules apply:

1. Use silk scarves or cuffs that fasten with Velcro.
2. Leave a one-finger-gap between your sub's skin and the restraint.
3. To avoid circulatory or nerve issues, avoid restraining the end of your sub's wrists or ankles – bind further up their forearms or calves.
4. If using silk, always tie a bow (as if tying a shoelace) so that the tie can be released immediately.

Here's our pick for the TOP 3 sexiest beginner bondage moves to try!

1. The crab tie position





The crab tie bondage position binds the sub's wrists to their ankles and commonly adds bindings around their knees and elbows as well. This is quite a restrictive position as it permits them only to roll onto their back and open or close their legs.

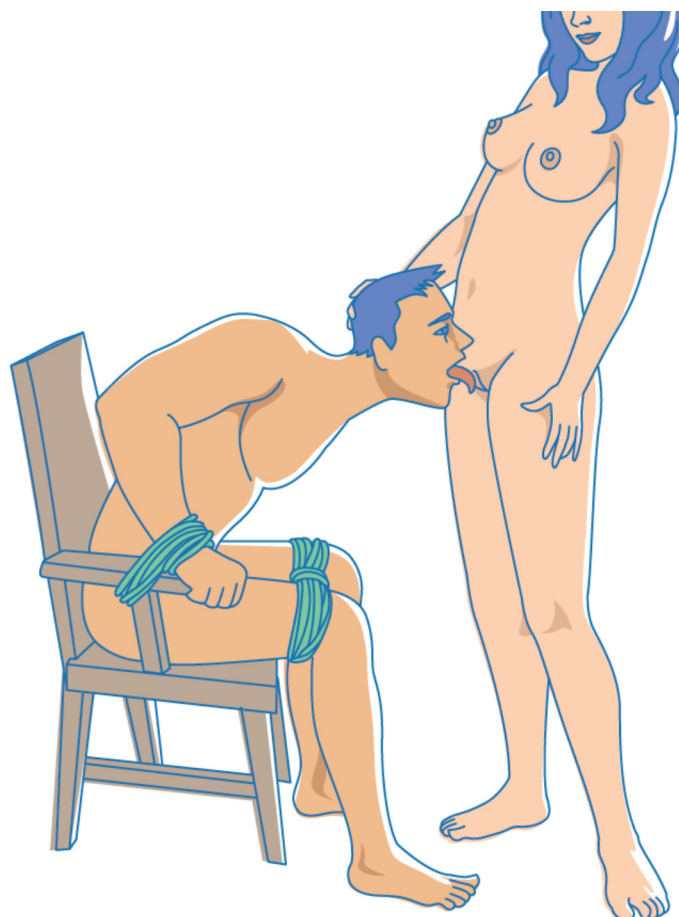
A far less risky variation of the crab tie position is using silk scarves to bind the sub's forearms to their calves. It's **super-sexy** and is great for blow jobs and cunnilingus as well as regular sex!

Technique

Your sub sits on the floor or a bed with their knees bent. You blindfold them with a silk scarf or blindfold and hold their arms next to their knees. Bind their arms against their calves using either a silk scarf or Velcro arm-to-thigh cuffs.

2. The chair bondage position



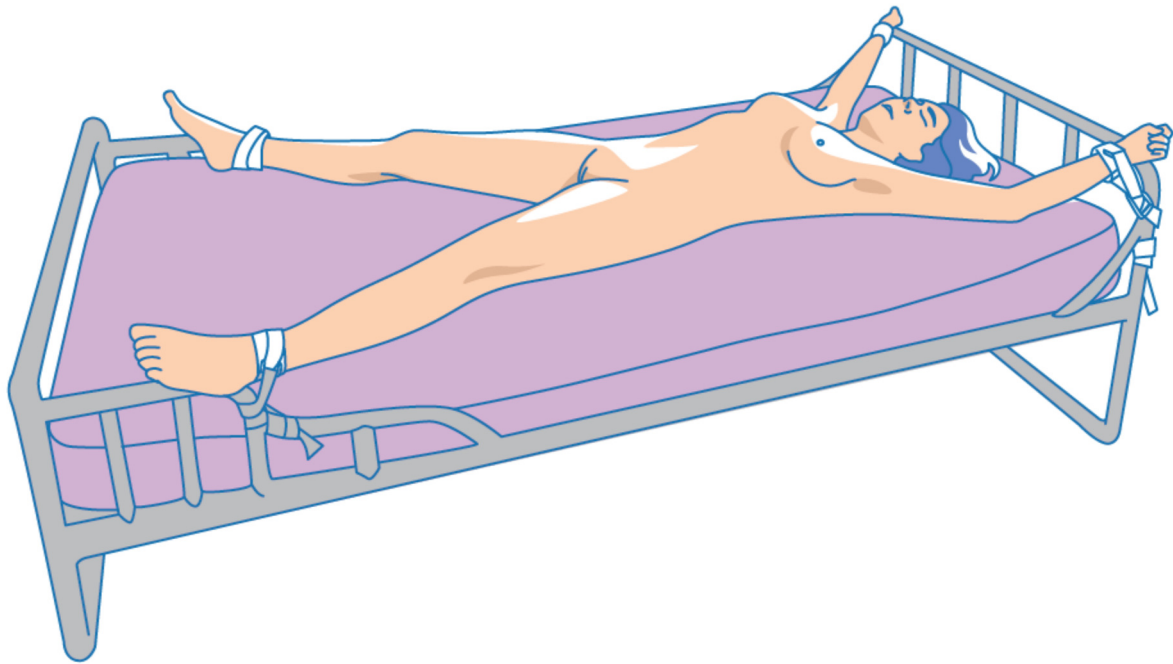


Popularized in Hollywood movies through damsel-in-distress scenarios, the [chair bondage position](#) is relatively restrictive while remaining comfortable and extremely low risk. You can try this position on any sturdy chair with a back and armrests, but an inflatable sex chair with wrist and ankle restraints works wonders!

Technique

Your sub sits on the chair with their arms on the armrest and their feet on the floor. Tie their wrists to the armrests and their ankles to the chair legs. (If you're using an inflatable sex chair, use the built-in restraints). You can add a blindfold to increase the sensation of helplessness!

3. The spreadeagle



The spreadeagle bondage position spreads the sub's arms and legs wide apart, making it perfect for beginner-level play-struggling. There are **dozens of ways** to do this position, depending on the type of bed and equipment you have available.

- If you have a four-poster bed, you can tie your sub's arms and legs directly to the posts.
- For beds without corner posts or frames, you may need longer pieces of silk or fabric cords to attach to the bed's legs.
- The **safest and most convenient option** is to buy a bed restraint kit. These handy kits come with enough fabric materials to loop *under* the bed, making them perfect for ANY style of bed!

Technique:

Your sub lies on their back on a bed and spreads their arms and legs wide apart. You secure their wrists and ankles to the corresponding corners of the bed using lengths of silk fabric. You can add a blindfold or gag to drive your

sub's feelings of suspense as they are left wondering what you have in store for them next!

Intermediate bondage restraints and ties

Once you've tried and tested some of the beginner bondage restraints, you'll soon want to take things beyond silk scarves and fabric cuffs! At the next level, you can explore **even kinkier positions** that lead to even more **wild and passionate sex!**

Here's our guide to the TOP 3 intermediate bondage restraints to try!

1. Hogtie



Resembling a small cross, this leather and steel restraint known as a 'hogtie' is one of the BEST bondage restraints you could ask for! Most hogties feature a central O-ring and four leather straps with quick-release clips that attach to fabric or leather wrist and ankle cuffs.

As its name suggests, the hogtie makes the full-body restraint position

known as the 'hogtie' a breeze! Using a hogtie is **far safer and reliable** than using rope and lets you experiment with this advanced restraint during your bondage play!

2. Spreader bar



The second intermediate restraint to master is the spreader bar! Spreader bars come in many different styles and at many different price points.

Budget-friendly fabric spreader bars have wrist and ankle cuffs that fasten with Velcro. The cheapest products are fabric only, giving your sub plenty of freedom to move.

Some fabric bars have a length of metal sewn into the fabric, making them ridged and more restrictive. More expensive spreader bars feature steel bars that can accommodate more heavy-duty leather or steel cuffs.

All spreader bars feature leg cuffs that can be used to keep a sub's legs spread wide apart. Most bars feature restraint points for wrist cuffs, either between or outside the legs, giving you a huge range of positions to explore!

3. Door restraints



If you've always wanted to act out your damsel-in-distress fantasy, door restraints will help make your dreams come true! Tying someone's hands together above their head with rope can be quite dangerous, but these kits make it safer and more comfortable.

Simply loop the two straps over the top of any door and close the door to hold them in place. Use the soft, padded wrist cuffs to keep your sub's hands high above their heads for some kinky bondage action!

The top 3 intermediate bondage sex positions

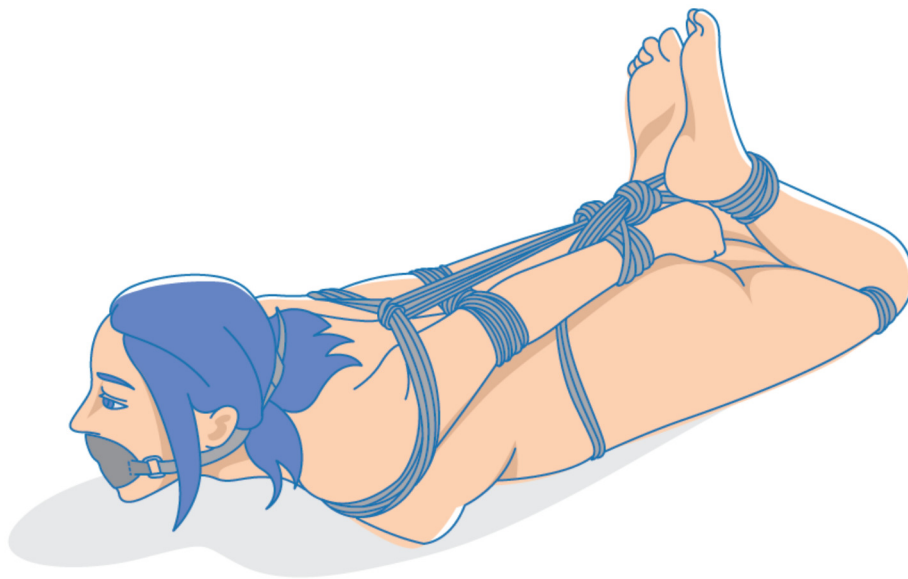
You've bought a hogtie, a spreader bar and set of door restraints – now what?

These three items let you explore HUNDREDS of passionate bondage positions. We're talking about moves that will make your woman wet with

excitement and BEGGING for more!

Here are the three most EROTIC intermediate bondage sex positions to try!

1. The Hogtie



The hogtie's enduring popularity owes much to its simplicity. With the bare minimum of materials, this position leaves the sub completely incapacitated and barely able to roll over, depending on how tightly the hogtie is drawn!

Of course you can try this position with just some bondage rope, but we don't recommend it. Unless you've had special training, hogtying your partner with rope is just a recipe for disaster!

Instead, use a hogtie with quick release clips and some forgiving fabric cuffs.

This makes this position **much safer** while still being EXTREMELY EROTIC!

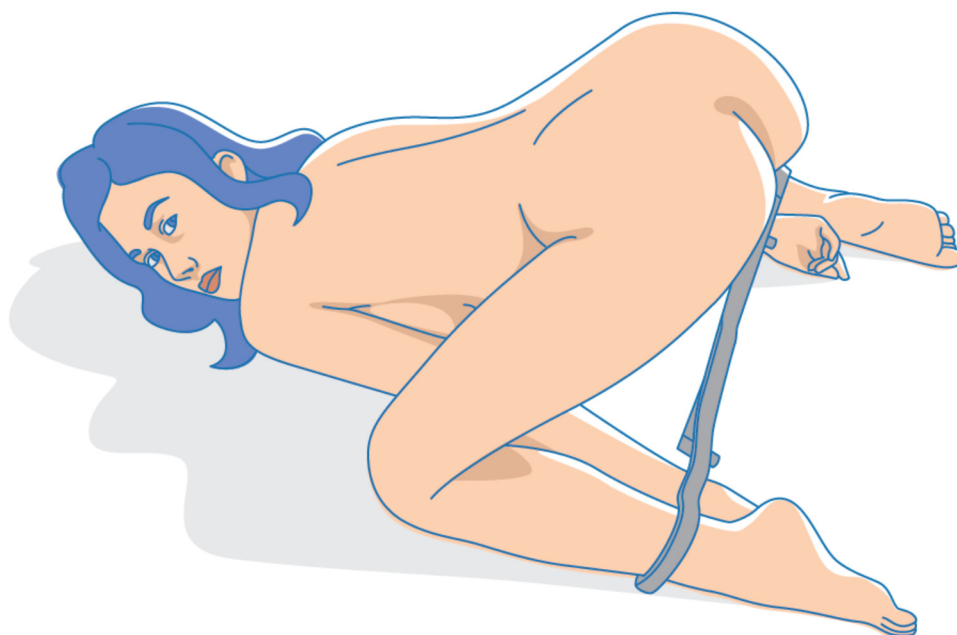
Technique:

Attach the fabric cuffs to your sub's wrists and ankles while they lie face down on the bed. Clip the ankle cuffs to the hogtie and raise your sub's ankles up towards their butt. Bring their hands behind their back and clip the cuffs to the hogtie to complete the position.

Remember:

Some people may struggle to draw breath in this position so ALWAYS use a hogtie with quick-release clips that can immediately release the pose if any difficulties occur.

2. The Bottom's Up



One of the simplest AND sexiest intermediate bondage moves to master, the Bottom's Up position is one of the **best spreader bar positions to try!** This wonderful pose puts your sub's butt high in the air, ready for whatever devilish fantasies you have in store for them!

Technique

Have your sub kneel on the bed on all fours. Force their legs firmly apart and cuff their ankles with the ankle cuffs on the spreader bar. Lower their face onto the pillow and bring their arms back one by one to cuff them into the wrist cuffs on the spreader bar, either between or outside of their legs.

3. The Offering



This classic damsel-in-distress bondage position lets you put both a spreader bar AND a door restraint kit to good use!

(Note: redraw to show using a door restraint kit, not rope)

Technique

Position your sub with her back to the door and spread her legs. Attach the ankle cuffs on your spreader bar to her ankles to create a sense of vulnerability. Cuff your sub's wrists into the door restraint straps so that they are high above her head.

Remember:

Keeping a person's hands above their head for too long **will** cause circulation problems and possibly fainting, so this move should be limited in duration. The padded fabric cuffs provided with most door suspension kits should avoid excessive pressure but they should still be used only briefly.

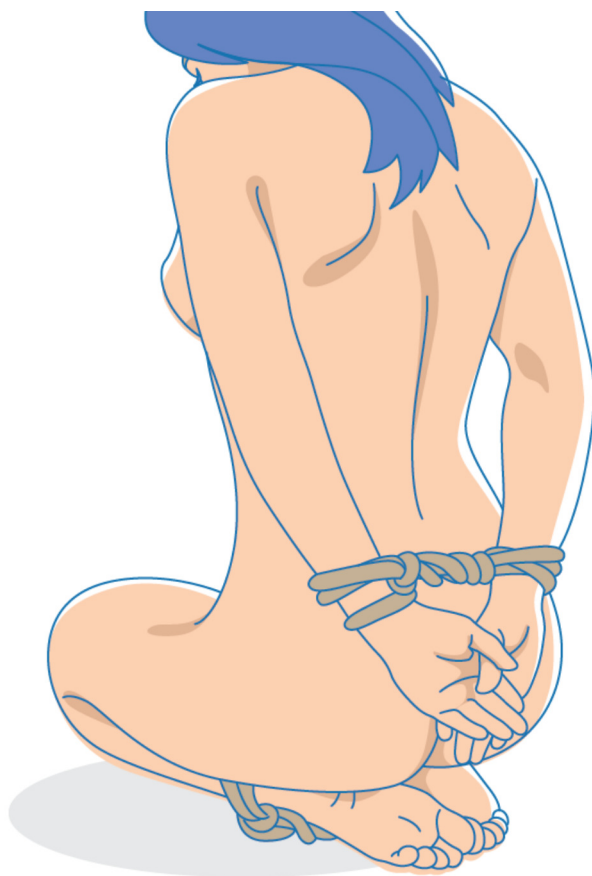
Ropes, cuffs and other advanced bondage restraints

If you're ready to experiment with the ULTIMATE in bondage restraints, this is the section for you! Here, we'll discuss some of the riskiest AND kinkiest restraints you could possibly ask for!

Here are the TOP 3 advanced bondage restraints to try!

1. Bondage rope



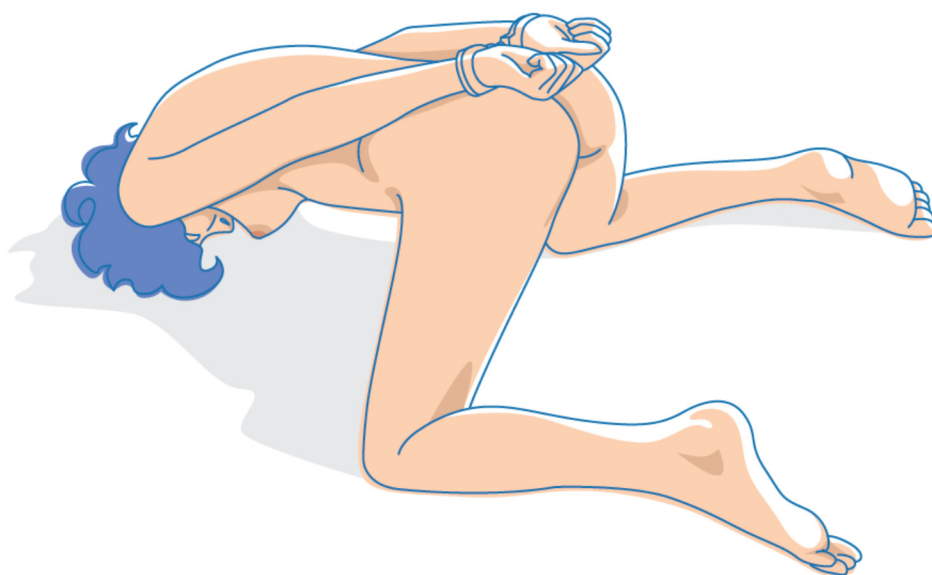


“I’d be more than happy to demonstrate what I can do with a rope.” –
Christian Grey

If anything beats the sexy simplicity of a rope, well, it hasn’t been invented yet! Bondage rope is made from smooth, silky, supple nylon that feels **amazing** on your skin, making it the perfect way to entwine and entrance your lover!

A simple tie of the wrists or ankles lets you experience the sweet pleasure of rope bondage with your partner. If you like what you see, you may be interested in learning [Shibari](#), the Japanese bondage technique that takes hours to learn and a lifetime to master!

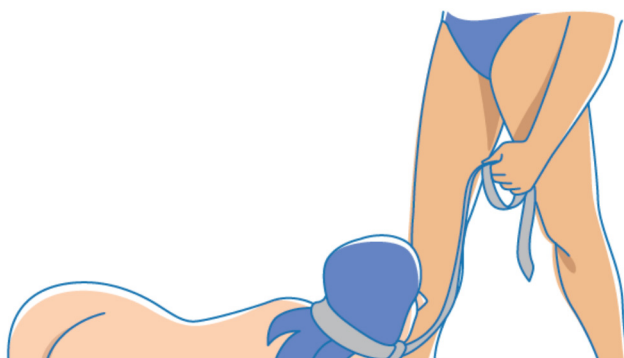
2. Handcuffs

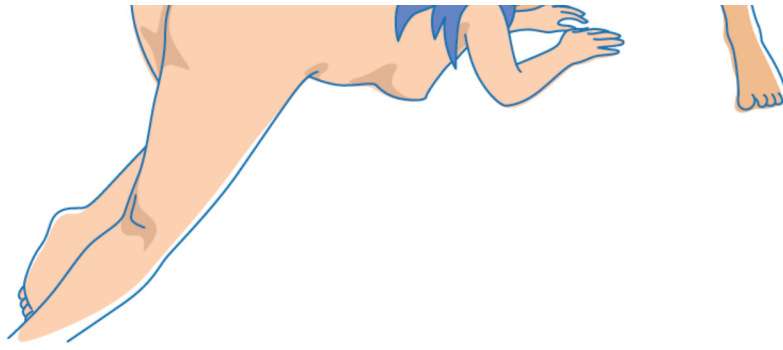


To up the kink in any relationship, a set of real-steel handcuffs is exactly what you need! Unlike silk sashes or fabric cuffs, metal handcuffs let you truly immobilize your partner in any way you choose!

Metal handcuffs come in a huge number of styles at many different price points, from cheap and cheerful furry handcuffs to stainless steel professional models. For couples that are serious about bondage and want to move beyond play-restraints, steel handcuffs are a must-have additional for their collection!

3. Neck collar





If you're looking to take control of your submissive partner and make them obey you like a good dog, THIS is the restraint for you!

To round off our list, a collar and leash set makes the PERFECT accessory for some advanced bondage fun! Most collars adapt to fit all neck sizes and are backed with soft materials to make them as comfortable as practical.

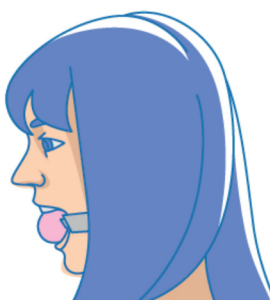
The top 3 advanced bondage positions

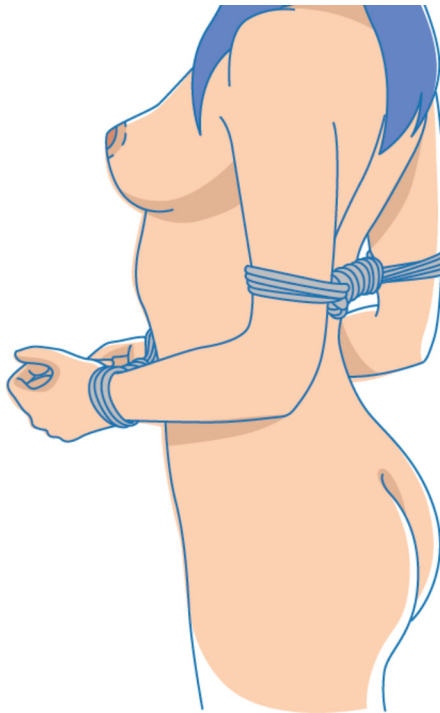
So you're ready for the hardest, kinkiest bondage positions available?

You've got it! These advanced positions are guaranteed to fire up your levels of passion like nothing else! All three of these moves LOOK as hot as they FEEL making them perfect for people who appreciate the aesthetic stimulation that bondage sex can offer.

Here is our pick for the TOP 3 advanced bondage positions to try!

1. The Waitress





The 'Waitress' position is any pose where the sub's elbows are restrained behind their back but their wrists are restrained in front. As the name suggests, this highly erotic position lets the sub carry a tray of drinks, but not much else!

Technique:

If you want to restrain your partner in the Waitress position using bondage rope, you'll need to master the Shibari bondage ties known as the Single and Double Column ties, explained in detail [here](#). You'll use these non-collapsing ties to bind your sub's upper arms behind their back and place a spreader bar between their lower back and elbows before binding their hands together in front.

A **simpler and safer alternative** is to use the larger ankle cuffs on a spreader bar to secure your sub's arms behind their back. You can buy T-shaper spreader bars with neck collars for this very purpose, giving you a less risky alternative to rope. With your sub's arms unable to move forward, you can secure their wrists with your choice of handcuffs.

Remember:

Don't cuff your sub at the very end of their wrists. Instead, choose a point a couple inches up from their hands. Always leave a one-finger gap between the cuff and their wrist to reduce the chances of nerve damage.

2. The Chair

If you like doggy style sex, the Chair is one of the best advanced bondage positions for experimenting with rope bondage! In this pose, your sub's arms and legs will be bound to the chair legs, giving you easy access to whichever part of their body you choose!

Technique

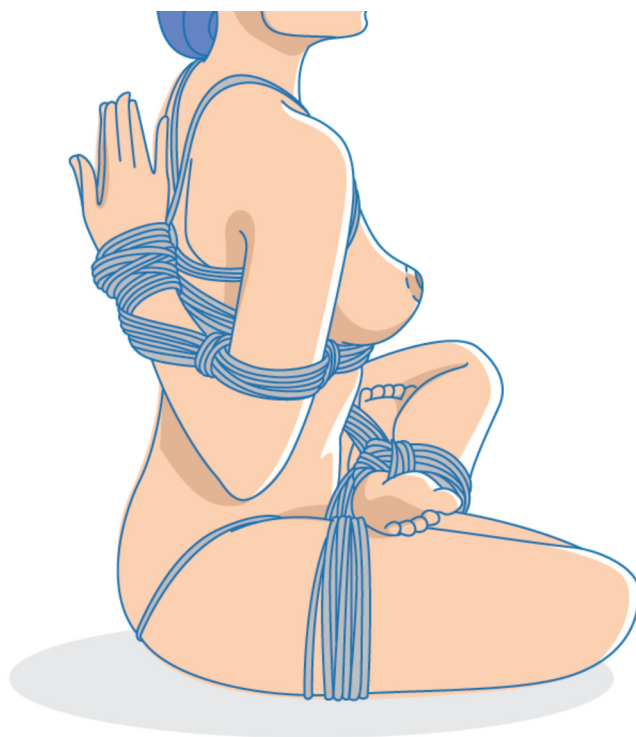
Have your sub lay over a chair seat with their knees on the floor. Tie lengths of bondage rope to each chair leg and then wrap the rope multiple times around your sub's thighs and upper arms, as shown in the picture. Optionally, you can secure their hand and feet with fabric or steel cuffs, to heighten their sense of vulnerability.

Remember:

While rope offers a more restrictive pose, you can always use silk sashes for a safer alternative.

3. The Reverse Prayer





The reverse prayer tie keeps your sub's hands together behind their back in an erotic, yet restrictive position that is sure to delight!

Technique:

Guide your sub's hands behind their back and place them palms together. While there are many more secure and elaborate variants of this position, the simplest and most elegant approach is to use a double-column rope tie. This will secure the sub's hands in place behind their back.

For a safer, less restrictive alternative to rope, ball-gags with attached wrist cuffs are worth a look. These kits put the sub's hands in a lower reverse tie position, minimizing the risk of nerve or circulatory damage. Made from fabric, these cuffs are more forgiving than rope and can offer a more comfortable position while still remaining kinky!

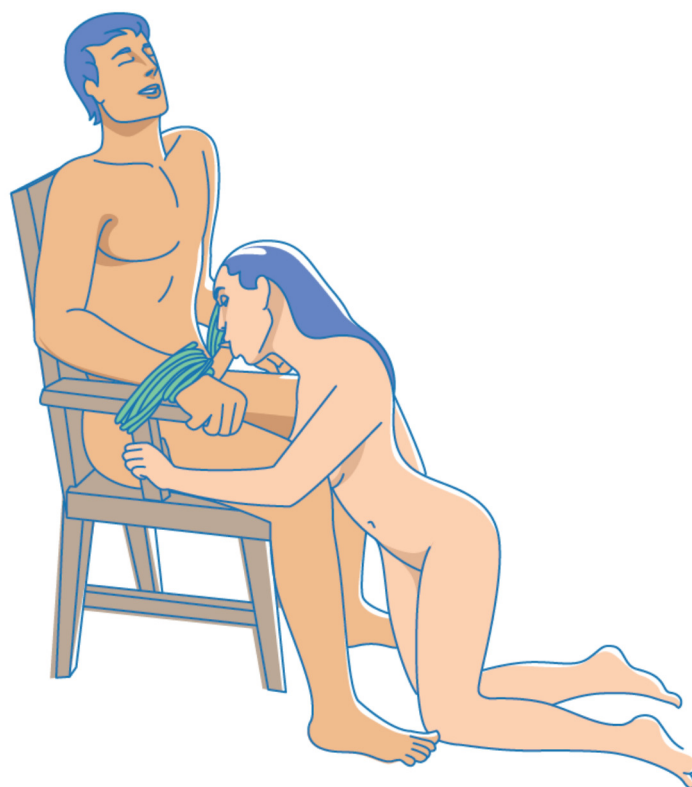
The best bondage positions for blow jobs

Once you and your partner have mastered the nine incredible bondage positions on our list, you'll be pleasantly surprised to know that they are IDEAL for some seriously great blow job action!

The best bondage positions for blow jobs are:

1. **The Chair Bondage position**
2. **The Spreadeagle**
3. **The Crab Tie position**
4. **Zeus**
5. **The Hogtie**

1. The Chair Bondage position



The chair bondage position lends itself perfectly to one of the **greatest blow job positions of all time** – the Boss's chair!

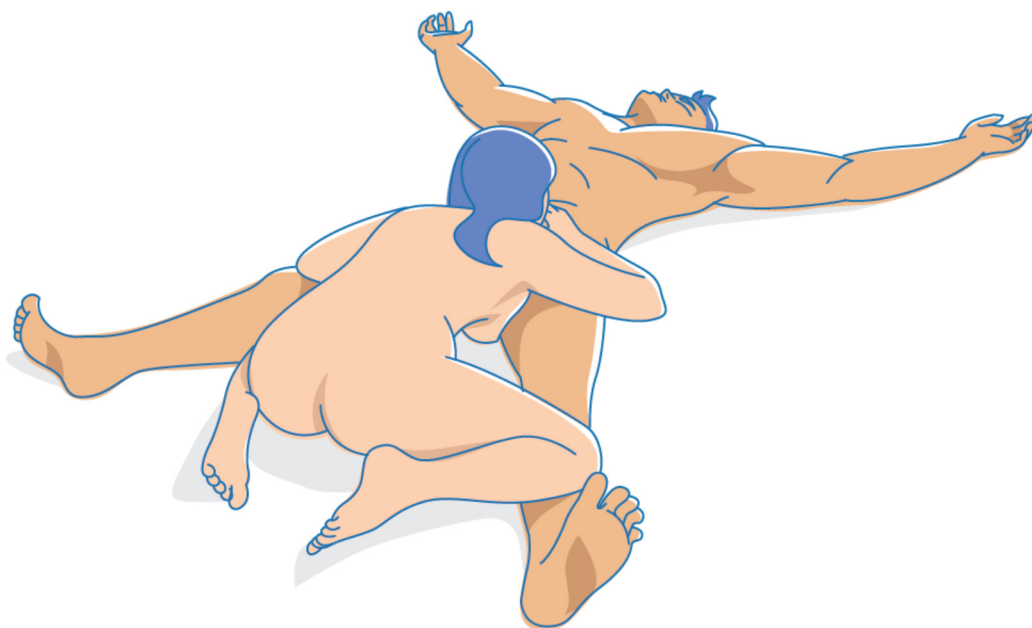
Here's how it's done:

(Redraw this with the guy strapped into an inflatable sex chair, or just tied onto a standard chair in the chair bondage position).

Technique

For this one, the guy will be the sub, so ladies, pay attention... To give your guy an earth-shattering blow job, tie him to a chair in the chair bondage position. There isn't a guy alive who will stop his girl from doing this! Kneel between his legs, look him in the eyes and slowly unzip his fly. To get even more dominant with him, try blindfolding him after you've tied him up – he'll love the enhanced sensation as you give him head!

2. The Spreadeagle



The spreadeagle is another UNBEATABLE bondage position for guys who

like to receive head while tied up.

If your guy enjoys being a sub, giving him a blow job in the spreadeagle position is sure to tick all the right boxes!

Technique

Okay ladies, so you'll begin by instructing your sub to lie on the bed and kick things off by forcefully spreading his legs. This lets him know you're in charge but also lets him relax as you take control. Tie your sub into a spreadeagle position on the bed and lie down on your stomach between his legs with your head near his crotch. Give him a blow job he won't forget by fondling his balls and teasing his legs.

Blindfolding him will not only assert your dominance but will also heighten his other senses, making him quiver with excitement!

3. The Crab Tie position



The **crab tie position** is great for guys who enjoy taking a more active role during oral sex while their woman is in a submissive position. It's also perfect for women who love to be eaten out while tied up, in an interesting variation of the Sixty-Nine position known as Yin-Yang.

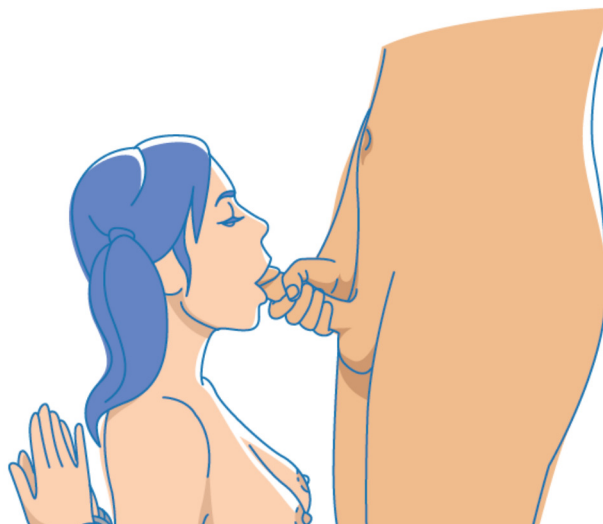
(Redraw this showing a silk scarf binding the woman's forearms and calves).

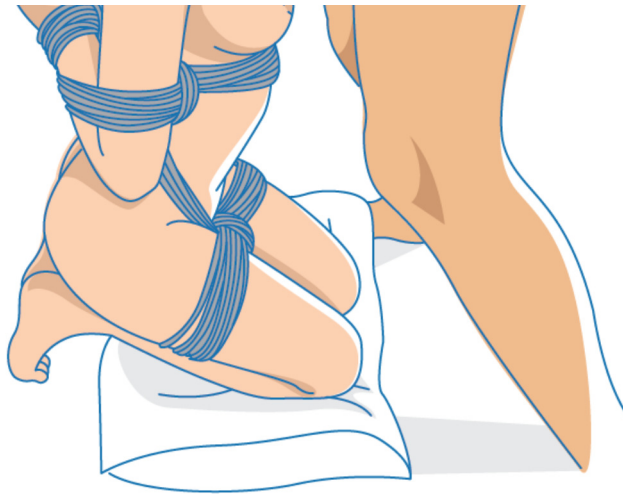
Technique

Instruct your sub to sit on the bed with her knees raised to her chest. Tie her forearms to her calves with your favorite silk sashes, fabric cuffs or bondage rope to put her in the seated crab tie position. Roll her onto her back and drive her legs apart as fully as possible. Kneel down with your knees near her head and rock forward to support your weight on your hands.

From this position, your sub can reach up and start giving you a blow job and you can lower your head to start eating her out.

4. Zeus





Another awesome position for guys who love to be dominant while their woman is immobilized, the Zeus ticks all the right boxes...

(Redraw with the woman's hands in the Reverse Prayer position behind her back)

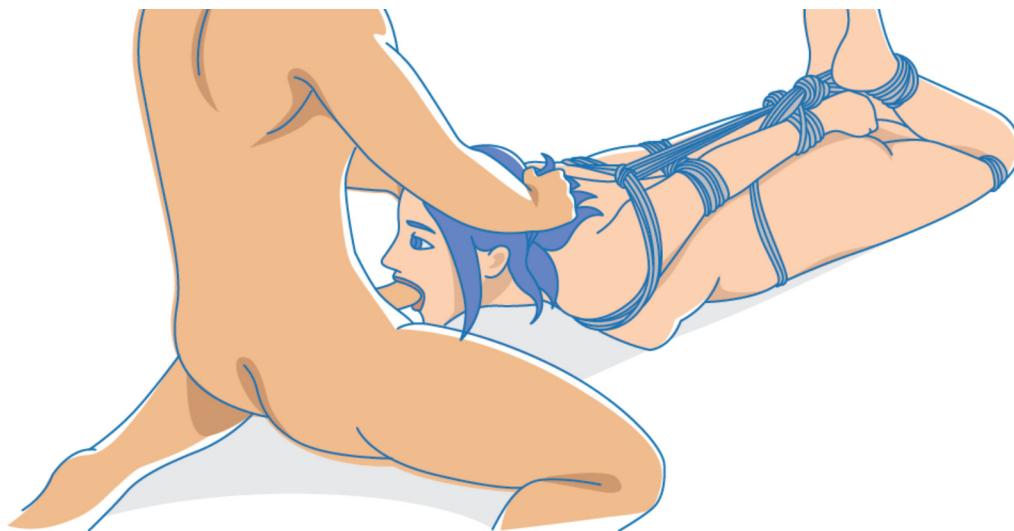
Technique

Instruct your sub to kneel on a pillow and sit back on her heels. If you enjoy using bondage rope, you can tie her hands behind her back in the Reverse Prayer position (see above). You can also use silk sashes, fabric cuffs, or whatever else tickles your fancy!

Stand in front of your woman with your legs shoulder-width apart. Take your woman's head in your hands to control the rhythm and pace of the blow job.

5. The Hogtie





If you're seeking the **ULTIMATE** dominant blow job move, this is it! Receiving a blow job from your woman while she's completely immobilized in this position will rock your world.

Technique

Instruct your sub to lie face down on a sofa or bed and place her hands behind her back. Tie her into a hogtie position using cuffs and a hogtie. Kneel in front of her so that your groin is near her face. Take her head in your hands and encourage her to start giving you head!

Remember:

Your sub will have little control over the depth or pace of the blow job in this position, so always abide by the safe word if it gets too much!

Conclusion

If you were curious about bondage and wanted to learn more about ropes, restraints, ties, positions and blow jobs, then hopefully this guide has answered all of your questions!

Bondage is a VAST area and we've only just **scratched the surface** of what's possible. Yes, there are **thousands of different rope tie positions** and other moves that you can learn, but anything you do is at your own risk.

If there's something that's caught your interest, like Shibari bondage, then feel free to explore your passion further and consider being properly trained.

With the right safety precautions and tools, bondage can be an exhilarating way to deepen the trust and love between you and your partner.

Good luck!

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